

ENG: META OKALEY HSTN USER MANUAL

1. What's in the box

Meta HSTN glasses

Charging case (USB-C)

Cleaning cloth

Quick start guide and safety + warranty information

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(If there is a variant) the option to order dioptric or Transitions lenses

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2. Overview of functions

Camera: 12 MP photos, video option up to 3K resolution

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Open sound ("open-ear") - integrated speakers in the frame

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Voice control ("Hey Meta") + touch controls

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Connection to a mobile phone using the Meta AI App (iOS 14.4+ or Android 10+)

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Charging case - extends the life of the glasses

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Resistance: IPX4 (splash-proof) - do not immerse in water

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3. First start and pairing

Remove the glasses from the packaging and remove any protective plastic tab.

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Make sure the glasses are inserted in the case and the case is charged - the LED indicator will start flashing blue.

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Alternatively: press the button on the back of the case for about 5 seconds until the LED starts flashing blue.

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On your phone: activate Bluetooth, download the Meta AI app, log in with your Meta account.

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Turn on the glasses: slide and hold the power switch towards the lenses, watch the LED flash white and then green.

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For pairing mode: fold both frame legs, hold the capture button for about 12 seconds until the LED inside the frame starts flashing blue.

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Complete the pairing process in the app according to the instructions.

4. Basic Controls

Voice: Say “Hey Meta” followed by a command (“take a video”, “play music”, “what’s the weather?”)

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Touch:

Tap: Play/Pause audio

Swipe forward: Increase volume

Swipe back: Decrease volume

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Camera: Press the capture button for a photo or video → manage content in the app.

5. Charging

Put the glasses in the case, connect the case with the USB-C cable.

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First charge: Remove the plastic tab from the charging contacts.

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Battery life: The manufacturer claims up to ~8 hours of normal use on a single charge.

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Make sure the contacts are dry, clean and properly seated.

6. Maintenance and care

Use the included cleaning cloth to wipe the lenses and frame.

Do not expose the glasses to high temperatures or direct sunlight for long periods of time when closed (e.g. on the dashboard of a car).

Keep the charging contacts clean and dry.

In the rain or splashing water (IPX4): dry after use. Not intended for diving or heavy exposure to water.

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Store the glasses in the case if you are not using them for a long time.

7. Reset / Resell

If you want to resell the glasses at any time or use them with a different account:

Make sure the glasses are turned on.

Slide the power switch all the way to the right (power) while holding the capture button.

When the LED lights up orange, first release the capture button, then the power switch.

The glasses will be reset to factory settings — all records, connections and settings will be deleted.

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8. Quick Tips

Activate voice control for hands-free use, ideal for sports or exercise.

Remember to charge your glasses regularly if you use the camera or audio frequently — demanding modes will shorten the battery life.

Use the Meta AI app to download and share recordings, manage settings and update firmware.

If you experience a connection problem: turn off the glasses, turn Bluetooth on/off on your mobile, restart the app.

When choosing prescription or Transitions lenses, follow the recommendations of an authorized retailer – the warranty may depend on an authorized service.

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